

CURING FORMULA

Kang Ning Wan

Biomedical Presentation

Gastroenteritis, and motion sickness.

Symptom Presentation

Low-grade fever, slight chills, headache, poor appetite, sudden and violent cramping, regurgitation, gastric hyperacidity, nausea, vomiting, abdominal bloating with pain, constipation or diarrhea.

Tongue

Slippery.

Pulse

Thick, slimy tongue coat.

Energetic Functions

Dispels summertime wind-cold, eliminates dampness, regulates the center, and resolves food stagnation.

Chinese Medical Indications

Summertime wind-cold and damp.

Food stagnation.

Herbal Ingredients and Analysis

<i>Pharmaceutical</i>	<i>Latin Binomial</i>	<i>Pinyin</i>	<i>English</i>
Sclerotium Poriae Cocos	Wolfiporia cocos	<i>fu ling</i>	Poria sclerotium fungus
Semen Coicis Lachryma-jobi	Coix lachryma jobi	<i>yi yi ren</i>	Coix seed
Cortex Magnoliae Officinalis	Magnolia officinalis	<i>huo po</i>	Magnolia bark
Rhizoma Atractylodis Macrocephalae	Atractylodes macrocephala	<i>bai zhu</i>	White Atractylodes rhizome
Herba Agastaches seu Pogostemi	Agastache rugosa	<i>huo xiang</i>	Agastache herb
Radix Puerariae	Pueraria lobata	<i>ge gen</i>	Pueraria root
Radix Angelicae Dahuricae	Angelica dahurica	<i>bai zhi</i>	Fragrant Angelica (<i>bai zhi</i>) root
Radix Aucklandiae Lappae	Aucklandia lappa	<i>mu xiang</i>	Saussurea root
Radix Trichosanthis Kirilowii kirilowii	Trichosanthes	<i>tian hua fen</i>	Trichosanthes root
Massa Fermentatae	—	<i>shen qu</i>	Fermented Leaven

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Herbal Ingredients and Analysis (cont.)

<i>Pharmaceutical</i>	<i>Latin Binomial</i>	<i>Pinyin</i>	<i>English</i>
Rhizoma Gastrodiae Elatae	Gastrodia elata	<i>tian ma</i>	Gastrodia rhizome
Flos Chrysanthemi Morifolii	Chrysanthemum morifolium	<i>ju hua</i>	Chrysanthemum flower
Pericarpium Citri Reticulatae	Citrus reticulata	<i>chen pi</i>	Citrus peel
Herba Menthae Haplocalycis	Mentha haplocalyx	<i>bo he</i>	Mentha (<i>bo he</i>) herb
Fructus Oryzae Sativae Germinantus	Orzya sativa	<i>gu ya</i>	Oryza sprout

Gastrodia rhizome and Fragrant Angelica (*bai zhi*) root dispel wind to relieve headache. Chrysanthemum flower, Mentha (*bo he*) herb, Pueraria root, and Trichosanthis root resolve wind-heat and resolve the muscles to relieve body aches. White Atractylodes rhizome, Coix seed, and Poria fortify the spleen and eliminate dampness. Saussurea root, Magnolia bark, Citrus peel, and Agastache herb move middle burner qi, regulate the center, check vomiting relieve pain, and eliminate dampness. Fermented Leaven and Oryza sprout fortify the spleen, stimulate the appetite, improve digestion, and resolve food stagnation.

Formula Differentiation

Both **Agastache Formula** and **Curing Formula** treat gastric disorders due to summertime wind-cold and damp. Both treat some exterior symptoms such as slight chills and fever. Both treat abdominal distension, nausea and vomiting. The use of **Agastache Formula** is for exterior conditions where the damp is more predominant, specifically for stomach flu with diarrhea. **Curing Formula** is indicated for conditions where exterior symptoms exist, but its focus is more on abdominal distension, and lack of appetite due to food stagnation.

Both **Coptis & Pinellia Formula** and **Curing Formula** treat gastrointestinal pain, distention, nausea and vomiting. **Coptis & Pinellia Formula** treats conditions that are caused by a gallbladder and stomach disharmony with marked symptoms of phlegm-heat such as irritability, gnawing hunger, and bitter taste. **Curing Formula** is intended for conditions with mild exterior symptoms with indigestion, nausea, poor appetite, and abdominal bloating as predominant symptoms.

Curing Formula is particularly useful in cases of stomach upset due to overindulgence in food or drink, traveling, and motion sickness. As a remedy for travel or motion sickness, **Curing Formula** is taken 30 minutes to one hour before traveling.

Cautions and Contraindications

None noted.